

# healthUPdate

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## From the CEO



### **Youth Summit makes the case for “reverse mentoring”**

The Youth Health Forum’s National Summit on Wednesday stirred many thought-provoking ideas, not least that people in powerful positions need to not only to listen to young people but invite them take to a seat at the table.

One suggestion was the “reverse mentorship model”. Leaders would gain insights by taking in the experienced advice of young people. For instance, young people’s health needs are inherently different from what the current systems offer.

Policy-makers understand some of the issues facing young people but it’s taking action to work directly with young people that matters.

And another thought on the wisdom of young people: imagine if there were more than the current 11 per cent of Federal MPs under 40 what that might mean for climate change policy.

But what the Summit demonstrated so clearly is young people should not have to wait to be influencers. The passion and brilliant ideas they shared show we need them in active roles even more at a time when young people today face so many social, mental and job challenges.

In a separate but not entirely unrelated development, health service managers yesterday supported an active consumer role in health system assessment — important recognition of the value of health consumer involvement.

At an Australasian College of Health Service Management webinar, a straw poll showed overwhelming support for consumer assessors to be mandatory on health services' accreditation panels.

The recognition of the value of consumer experience is what we need to see more of when it comes to young people's knowledge and experience when it comes to the health policies affecting them. Read more [Health consumers as agents of change](#)

**Leanne Wells**  
Chief Executive Officer



## WEBINAR



### **#CHFTalks: Building a better medicines policy**

#### **Webinar with Professor Michael Kidd AM on the Medicines Policy Review**

In this webinar, we will be discussing the Review of the National Medicines Policy (NMP), and the important issues that it will set out to resolve.

The NMP is intended to deliver positive health outcomes for all Australians through access to and appropriate use of medicines. The Review will be high-level and aimed at identifying gaps in the NMP's objectives, partnership approach and accountabilities.

**Time:** 11:00 am - 12:15 pm AEST

**Date:** Fri 24 Sept 2021

**Zoom webinar**

Find out [more about this webinar](#) or register for [the consumer consultation session](#) on 29 Sept 2021

Email **Dr Penelope Bergen**, Policy Officer Quality Use of Medicines;  
[P.Bergen@CHF.org.au](mailto:P.Bergen@CHF.org.au)

REGISTER FOR WEBINAR

## NEWS AND UPDATES

### Learn more about the CarerHelp Diversity Project



### Introducing CarerHelp Diversity

The CarerHelp Diversity Project aims to support carers from all groups and sectors to be better prepared for caring for a person at the end of life. In a series of articles, members of our National Reference Group share their insights about the project and the importance of tailored information resources.

Members of the project's National Reference Group [discuss the barriers](#) diverse carers are facing, plus the importance of tailored information resources.

You can take part in shaping the project by [sharing your feedback and suggestions](#).

CarerHelp Diversity is funded by the Australian Government Department of Health and is managed by the [Australian Carer Toolkit Project](#).

READ THE ARTICLES



## WEBINAR: Perspectives on Social Prescribing

Social prescribing is the practice of linking patients to social services and community-based programs (such as exercise classes, art appreciation and nature activities) to address the social determinants of ill health. With rising levels of chronic illness, social isolation, and mental illness, it is more important than ever that the health system adapts to find new ways to support patients and improve outcomes. Social prescribing is an innovative way that people can connect with their communities in a tailored and supported way.

This webinar will include presentations from James Sanderson (Director of Personalised Care at the NHS, England), Carolyn Dew (Head of the Cultural Pharmacy), Professor Mark Morgan (Professor of General Practice at Bond University and Chair, RACGP Expert Committee – Quality Care), [Associate Professor Yvonne Zurynski](#) (Associate Professor in Health System Sustainability, PCHSS and Australian Institute of Health Innovation, Macquarie University) and others working in this topical area, followed by a lively panel discussion.

**Time:** 2:00 pm - 3:30 pm AEST

**Date:** Tues 28 Sept 2021

**Zoom webinar**

MORE INFO

## CONSULTATIONS AND SURVEYS



## Australia's Health Panel

In recent weeks discussion has turned to potentially introducing a 'COVID Passport' or a 'Vaccine Passport', an official document that confirms COVID related information such as vaccination status and confers eligibility for a reduction in the number and scope of restrictions a person is required to follow.

We want to see what panellists think of this proposal for a COVID Passport and their views on how it could operate.

Complete the [Australia's Health Panel survey](#) and share your opinions on the vaccine passport debate.

Find out more about what you said - on loneliness, the vaccine rollout, the preventative health strategy and health literacy - [See the results](#) or [Join the Panel](#)

[COMPLETE THE SURVEY](#)



## Video monitoring of hand hygiene compliance, friend or foe. What are your thoughts?

Hand hygiene is the most important thing a healthcare worker (HCW) can do to prevent a patient from getting an infection. Auditing of HCW's hand hygiene practices is required in all public healthcare facilities in Australia.

Researchers from the University of Sydney want to explore the attitudes of healthcare consumers to the potential use of the novel video-based monitoring system for auditing healthcare workers' hand hygiene practices. You have been invited to participate in this part of the study because you are a member of CHF.

The study has two components:

1. [Online survey](#)
2. [Interview](#)

You can participate in either or both. For questions about this study, contact Katherine McKay at [kmck4637@uni.sydney.edu.au](mailto:kmck4637@uni.sydney.edu.au).

## Short course: Foundations in Patient-Consumer

## Leadership

This course lays the foundation for understanding patient-consumer leadership – it is designed for both patients and non-patients to explore together different facets of this emerging social movement. It is for Patient-Consumer (and Carer) Leaders, health professionals, managers, non-clinical staff and those from the independent, voluntary and charitable sector.

There will be four sessions, on Thurs evenings from 4:00 pm to 6:30 pm (Sydney time) starting on 7 Oct 2021

## Cost

The programme costs NZ\$325 / AU\$310 in total to attend all four sessions. Places are limited.

## To register your interest

Please send an email to [david.gilbert@inhealthassociates.co.uk](mailto:david.gilbert@inhealthassociates.co.uk) and get in touch if you have any questions.

## About David Glibert

David Gilbert is Director of InHealth Associates, a former mental health service user and author of '[The Patient Revolution – how we can heal the healthcare system](#)'. He has 35 years' experience of working with, and for patients and pioneered the concept of Patient Leadership.

Open to people located in Australasia and the Southern Hemisphere.

[MORE INFORMATION](#)



## How would you change healthcare in Australia?

The Digital Health Agency has released the National Digital Strategy survey

Have your say in a survey on the future of digital health for all Australians. Estimated time: 15 minutes.

It's your chance to help in the evolution of our healthcare services, and make sure it is sustainable, affordable and accessible to everyone.

[DO THE SURVEY](#)

[COVID-19 vaccine](#)



## Information on the COVID-19 vaccine

Use the *healthdirect's* [Eligibility Checker](#) to find out when and where to get your COVID-19 vaccine.

The new [COVID-19 restriction checker](#) is a search tool to help you find what you can or can't do in your state or territory as advice changes about COVID-19.

Find the [answers to your questions](#) from medical experts.

Use the Department of Health page on [COVID-19 vaccinations](#) to access priority resources including videos and social media campaigns.

You can visit [healthdirect](#) or see your doctor for medical advice.

[Learn how to protect yourself and others - how to stop the spread of COVID](#)

Learn how to [find your vaccination record](#) and [what to do if information is missing](#)

FOR MORE

## Media releases and editorial

**[Safe and respectful childbirth theme for 2021 World Patient Safety Day](#)** - *The WHO seeks to raise global awareness on the issues of maternal and newborn safety. The recently-published Fourth Australian Atlas of Healthcare Variation has revealed that approximately half of the planned caesarean... ..* [MEDIA RELEASE: 16 SEP 2021](#)

**[CHF welcomes Katherine Burchfield, new CEO of NPS-](#)** - *CHF welcomes the appointment of Katherine Burchfield as CEO of NPS MedicineWise. The significant role NPS-MedicineWise plays in the promotion of Quality Use of Medicines, with the support of CHF, makes.. ..* [MEDIA RELEASE: 7 SEP 2021](#)

**[Consumers to have more say on medicine access](#)** - *Consumer involvement in Australia's medicines choices has been further strengthened under a new strategic agreement Medicines Australia has signed with the Federal Government... ..* [MEDIA RELEASE: 7 SEP 2021](#)

**Booster roll-out: Let's get it right** - Now is the time for Federal and States governments to develop effective plans for the administration of booster vaccinations to ensure continuing protection against ... .. [MEDIA RELEASE: 6 SEP 2021](#)

## All Media Releases and Editorial

### Consumer program



### Consumer representative vacancies

CHF nominates consumer representatives to high level committees and those related to funded priority areas. Calls for nominations are made via *Health Update* and the CHF website. Not all opportunities are advertised due to time limitations or because invitations are targeted due to the specific work or strategic nature of the work.

More information about all the opportunities below can be found on our [Consumer vacancies webpage](#).

If you have any questions, please contact the person listed or alternatively, contact , **Rebecca Edwards**, on email [R.Edwards@chf.org.au](mailto:R.Edwards@chf.org.au). Currently the CHF office is closed due to Covid restrictions in Canberra.



### Reference Group for the Post-Market Review of the Opiate Dependence Treatment Program Medicines



## *Department of Health*

The Department of Health is seeking a consumer advisor with lived experience of opiate dependence treatment to join the Reference Group for the Post-Market Review of the Opiate Dependence Treatment Program Medicines (ODTP PMR).

*Closing date: 22 Sept 2021*

MORE INFORMATION

## The Australian Breast Device Registry Steering Committee

### *Australian Breast Device Registry*

The Australian Breast Device Registry (ABDR) are seeking someone with lived experience with breast device/s, or a close association with lived experience via networks and/or knowledge. You will have a passion for consumer engagement and advocacy, with the ability to collegiately contribute to work with a team representing a diversity of professional backgrounds.

*Closing date: 24 Sept 2021*

MORE INFORMATION

## TEXT4myBACK clinical trial

### *The University of Sydney*

The University of Sydney is seeking consumer participation in a clinical trial, TEXT4myBACK, a text message intervention to support recovery of people with low back pain.

The study will compare two different formats of text messages that provide information about low back pain. It is being conducted at the University of Sydney and carried out entirely remotely.

People who have a current acute episode of back pain (i.e. less than 3 months) who are interested in participating should complete the study [pre-screening survey online](#).

If you meet the inclusion criteria, you will be contacted by the research team who will provide you with more information about the study.

If you participate, you will be asked to complete follow-up online surveys at 3, 6 and 12 months which require around 20-30 minutes of your time.

*Expressions of interest close at 12:00 midnight (AEST) on 1 Dec 2021*

MORE INFORMATION

SEE ALL CONSUMER REP OPPORTUNITES

Full details of committee vacancies are only accessible on our website by our members and consumer representatives. If you do not have access and would like to apply, please contact Kate Lyttle on 02 6273 5444 or [K.Lyttle@chf.org.au](mailto:K.Lyttle@chf.org.au).

**BECOME A MEMBER**



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