

healthUPdate

16 April 2021 | Issue 6

From the CEO



Consumer power in Health Voices

The latest edition of our Health Voices e-journal published this week has provided further testament to the success of CHF's Shifting Gears Summit.

The 15 articles in [Health Voices](#) contributed by conference participants convey the enthusiasm and range of innovative ideas so evident during the conference.

The presentations to and by the 835 registrants gave us an impressive picture of the many consumer initiatives around Australia and the world. The growth of consumer projects in Australia like Collaborative Pairs the pioneering work on co-designed primary care in New Zealand, "engagement-capable" consumer organisations in Canada and patient leadership in England were among the many concepts discussed. These conversations injected an invigorating sense of sharing what's possible in advancing the role of consumers in shaping health care.

The trend towards more engaged consumers as partners in health care and as advocates in decision-making threaded through the debate. The sense that consumer representatives are impatient for more recognition, and remuneration, also drew warm support.

You can still [check into conference proceedings](#) if you were registered. Or if you had not registered before you can [still purchase admission](#) to view all sessions of the conference. All content will be available on-demand for 12 months.

The current debate over comparative efficacy and choice of COVID vaccines available in Australia underlines the importance of a well-informed population when it comes to a health issue that one way or another affects us all.

The varying statements concerning Astra Zeneca versus the Pfizer vaccines and the recalibration the Federal Government is going to have to do in organising the vaccine rollout, have contributed to challenging circumstances.

COVID-19 has shown that more than ever, our health depends on us and how we respond to messages like pandemic precautions and getting vaccinated. The COVID era has accentuated the trend towards more assertive health consumers.

Stronger support for consumer and community involvement in decision-making by health agencies has been found to improve effectiveness of COVID programs, and examples of this were mentioned at the Summit. We need more of such engagement.

Leanne Wells
Chief Executive Officer



Webinars



What are “living guidelines” and how are consumers involved?

Presentation and panel discussion featuring the National COVID-19 Clinical Evidence Taskforce.

The National COVID-19 Clinical Evidence Taskforce brings together 32 peak health professional bodies from across Australia.

Each week, more than 250 Taskforce contributors work together to find new research and quickly incorporate that research into national, evidence-based guidelines for the clinical care of Australians with COVID-19.

These are living guidelines, updated with the latest global research in near real-time with trusted, up-to-the minute advice to clinicians providing frontline care. Hear from the team on the findings from this project.

When: 27 April 2021

Time: 12 to 1 pm

REGISTER



Connected
Health^{CRE}

NHMRC CRE in Digital
Technology to Transform
Chronic Disease Outcomes

Automated coaching programs to improve diabetes management

This webinar by the NHMRC in Digital Technology to Transform Chronic Disease Outcomes.

Automated health coaching programs can really engage users and improve the management of chronic conditions, such as diabetes. In this webinar, Prof. Brian Oldenburg, the CRE Director, will introduce his previous experience from several randomized trials that have demonstrated the great potential of telehealth and voice-delivered programs in achieving clinical, behavioral and quality of life outcomes.

Enying Gong, one of the trainees of the CRE, will introduce some of the findings from a recent project that has used an embodied conversational agent to improve type 2 diabetes management. The webinar will discuss how the program could be further optimized to achieving better health outcomes at both individual and population levels. Prof Barr Taylor from Stanford University and Palo Alto University, will be a discussant.

When: Thurs 22 April 2021

Time: 3:00 pm (AEST)

REGISTER

NEWS



Youth Health Forum

Young people present insights to the vision of a healthy Australia

"There is a unique opportunity to establish health for life by equipping young people with the tools they need to get help when they need it."

In March 2021, the "*Life Transitions and Youth Pathways to Health Services*," report was released, based on the discussions, insights and ideas of members of the CHF Youth Health Forum.

The first in a series of videos explaining the report and recommendations is now available. Hear from Youth Health Leaders about the issues facing young people in Australia's healthcare system.

The [report](#) was produced by CHF and the [Wellbeing Health & Youth \(WH&Y\)](#), the National Health and Medical Research Council - NHMRC and supported by funding from the Australian Government Department of Health.

[SEE THE VIDEO](#)



**DID YOU KNOW PC4 HAVE A
COMMUNITY ADVISORY GROUP (CAG)?**

EXPRESSION OF INTEREST
ARE OPEN TO JOIN OUR PC4
COMMUNITY ADVISORY GROUP



COMMUNITY
ADVISORY
GROUP

Have you had cancer, known or cared for someone with cancer or interested in cancer research and in helping people?

The Primary Care Collaborative Cancer Clinical Trials Group (PC4) is currently looking for new members for their advisory group.

At PC4, consumer contribution is integrated into every aspect of their work in cancer research work and in order to facilitate this has a Community Advisory Group. The group includes people from across Australia who use their unique lived experience of cancer to provide advice on research directions and priorities, from a consumer perspective.

If you are interested and would like to find out more - visit the [consumer's section on the PC4 website](#)

or contact **Kristi Milley** - email: kristi.milley@unimelb.edu.au.

Applications **close 23 April**

PC4 is part of the Department of General Practice at the University of Melbourne.

VISIT PC4



Did you miss the CHF Summit? Hungry for more?

Here's a few ways you can catch up on what you missed, or find out what #ShiftingGearsSummit was all about.

CHF Communique with [future focus for consumer advocates](#) .

If you registered, all the presentations will be [available online](#) for twelve months until March 2022. [Login to the website](#) using your previous credentials. You can [purchase registration](#) if you have not already done so, and want to access the summit presentations and conference material.

Listen to the first of two [Croakey VOICES podcasts](#) from Cate Carrigan: *Croakey Voices examines Shifting Gears to drive consumer leadership and experience in healthcare.*

Or the mixtape on [Spotify for your listening pleasure](#) created by Belinda MacCleod-Smith

Watch the fifteen health consumers who submitted their [#CHFBigIdeas to change the healthcare system](#).

Review the [Best of Ten, a user manual in ten parts](#), with Jennifer Doggett who spotlights 100 insights, moments and facts that will make you feel like you were there, as well as prompting reflection and further reading.

Read the reports for day one - [Consumers on song in health research, policy and care: Shifting Gears](#) and for day two - [Navigating the road to consumer leadership in health](#).

Follow the hashtag [#ShiftingGearsSummit](#) on Twitter

Login to the [conference platform](#) to review sessions or catch up on what you have missed.



Join Us - the national research register

Join Us connects researchers with people who are willing to be involved in research, and helps researchers prevent, treat and find cures for disease.

It's quick and simple – you sign up, provide a few details that are held in a secure database and when a relevant study comes up, you are asked if you'd like to take part. By joining us you could help change a life. Together we can change millions of lives.

[JOIN US REGISTER](#)

Australia's Health Panel



Australia's Health Panel

Australia's Health Panel is a way for you to comment on health policy and issues, and offer feedback on trends and discussions.

Join **Australia's Health Panel** and have your say on today's issues in health care. Please share details about Australia's Health Panel with your networks.

See [Australia's Health Panel results](#)

[JOIN AUSTRALIA'S HEALTH PANEL](#)

Media releases and editorial

[Learning from consumer experience improves health care](#)

The health system in Australia would benefit significantly by paying more attention to the lessons learned from patient experience, ... [MEDIA RELEASE: 22 APR 2021](#)

[Youth Health Forum video call to bridge gap in health system](#)

The challenges facing young people in the health system and potential remedies are aired by Youth Health Forum leaders in a new video released today ... [MEDIA RELEASE: 13 APR 2021](#)

[Health consumers of today, partners of tomorrow](#)

Jennifer Doggett in @CroakeyNews writes that the recent Shifting Gears Summit hosted by the Consumers Health Forum of Australia highlighted the changing role of consumers in health care ... [BLOGPOST: 12 APR 2021](#)

All Media Releases and editorial

Consumer program



Consumer Reports

CHF expects and appreciates reports from CHF nominated consumers. These reports help keep CHF informed of consumer work.

Consumer reports can be made online, via email, mail or phone. CHF thanks the following consumers for keeping us up to date on their work.

Elizabeth Robinson, The Australian Commission on Safety and Quality in Health - Multipurpose Services Project Advisory Committee

Geoffrey Bartle, NPS MedicineWise - Expert Working Group - Heart Failure

Geraldine Robertson, DoH - Diagnostic Imaging Accreditation Scheme (DIAS) Advisory Committee

Consumer representative vacancies



CHF nominates consumer representatives to high level committees and those related to funded priority areas. Calls for nominations are made via *Health Update* and the CHF website. Not all opportunities are advertised due to time limitations or because CHF decides to target invitations due to the specific work or strategic nature of the work involved.

More information about all the opportunities below can be found on our [Consumer vacancies webpage](#).

If you have any questions, please contact the person listed or alternatively, our Consumer and Member Relationship Coordinator, **Ghislaine Martin**, on 02 6273 5444 or email g.martin@chf.org.au.

There are no current EOs for committee work that requires a CHF consumer representative nomination.

Other consumer opportunities

CHF also advertises consumer opportunities that we do not provide nominations for. The opportunities listed below are for members to work directly with stakeholders and apply to sit on committees that are of interest.

CHF checks that consumer participation is supported with coverage of travel costs and sitting fees before advertising these opportunities.

Blood Synergy Advisory Committee

Monash University

The Blood Synergy is a NHMRC-funded program established to address Australia's national transfusion research priorities. It is a collaborative research program focused on how blood products are used now, and how they can be better used in the future to improve patient outcomes. More information is available on their website: www.bloodsynergy.org.

Consumers and community representatives with lived experience as blood donors and/or blood transfusion recipients are invited to express their interest in joining the Advisory Committee.

Interested consumers with transfusion experience are encouraged to [complete the contact form](#).

For more information, please contact the Blood Synergy Program Manager, Karina Brady, via email at sphpm.bloodsynergy@monash.edu

Applications close midnight AEST Sunday 18 April 2021

MORE INFORMATION

CMUS-MARC Opioid Workshop Group

Monash University

The Centre for Medicine Use and Safety (CMUS) and the Monash Addiction Research Centre (MARC), Monash University is seeking consumer participation for their research priorities for optimising the safe and effective use of opioids in general practice workshop.

Consumers are invited to contribute to active discussion, to share their experience and to contribute to forming research questions.

Through a structured session, the aim is to promote an interactive and collaborative environment to establish prescription opioid research priority areas, based on the perspective of a range of key multidisciplinary stakeholder's perspectives.

The workshop forms a larger body of research to develop national research priority areas to inform future opioid research at CMUS and MARC.

If interested contact **Helena Cangadis** at Monash University at Helena.cangadis-douglass1@monash.edu for an explanatory statement and consent form outlining details of the workshop.

Register your interest before 5.00pm AEST on Friday 30 April 2021

MORE INFORMATION

SEE ALL CONSUMER REP OPPORTUNITES

Full details of committee vacancies are only accessible on our website by our members and consumer representatives. If you do not have access and would like to apply, please contact Ghislaine Martin on 02 6273 5444 or g.martin@chf.org.au.

BECOME A MEMBER



We sent you this email because you opted to receive this newsletter from the [Consumers Health Forum](#).

