

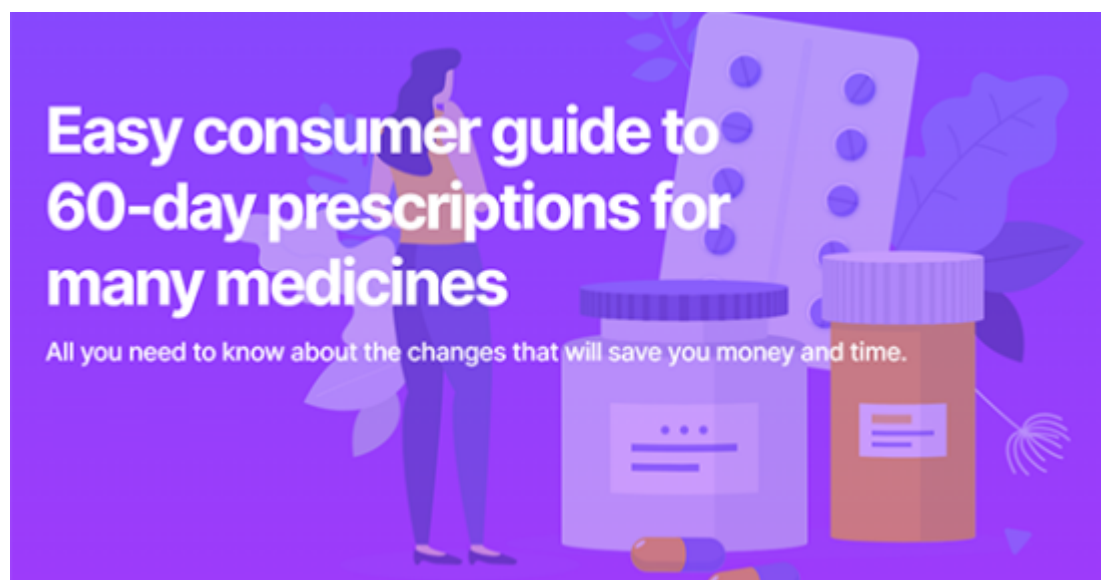
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CONSUMER VOICES

CHF

Consumers Health Forum of Australia

News and views of health consumers - 05 Oct 2023



Do you have questions about 60 Day prescriptions?

Following its official launch on 1 September, the Australian government's 60-day Prescription initiative is now being promoted via a [national mass media campaign](#).

CHF expects this will lead to many questions from consumers about who can access the scheme and what questions they should ask their GP (or other prescriber) or their pharmacist.

In response, CHF has updated its dedicated consumer microsite (www.60dayscripts.com.au) with a range of materials.

We will also host a special webinar on **Monday 16 October (3-4pm AEDT)** just for consumers and consumer organisations.

Hosted by CHF CEO Elizabeth Deveny, you can register for the online webinar here and submit any questions you have.

You can also submit questions during the event via the chat and these will be answered by a representative of the Department of Health and Aged Care.

If you are experiencing difficulties accessing cheaper medicines eligible for 60-day prescriptions, you can also send a brief email to info@chf.org.au outlining the circumstances so we can collate the consumer experience by Friday 13 October

[Register for the webinar](#)

Register

Webinar replay



Introduction to MyMedicare: a webinar for consumers

MyMedicare is a new way to connect with your GP practice and primary healthcare team. Voluntary patient registration started on 1 Oct 2023.

It will benefit people with chronic health conditions the most but is designed to give GP practices more information about regular patients. In this webinar replay, find out how MyMedicare will work, how you enrol and other questions.

Watch the replay

Mental health



Headspace Unachievys campaign

An absurd awards ceremony intent on handing out prizes for the most unrealistic and unachievable stereotypes and expectations that are put upon young people today. But with the help of incredible Australian actors Zoe Terakes & Ngali Shaw, headspace busts these myths

and stereotypes, and encourages all young people to... ..ditch the unrealistic expectations and just keep working on you!

Watch on [Facebook](#), [Instagram](#) or [visit the website](#)

Headspace

Reports



Australia's welfare 2023 Report

The Australian Institute of Health and Welfare (AIHW) has released its *Australia's Welfare 2023 Report* which looks at the impacts of the COVID-19 pandemic on the way Australians live & work. The report provides useful information to inform development of sustainable health & welfare policies. It includes:

- welfare and wellbeing,
- housing,
- education and skills,
- employment and income,
- justice and safety,
- Aboriginal and Torres Strait Islander people and
- social support

There's also a report on new approaches to data linkage, led by the Department of Social Services with the Australian Bureau of Statistics and AIHW.

Read the Report



Australia's welfare 2023 Report

RMIT-led research has found a significant gap in digital inclusion for First Nations people compared with other Australians, which widens substantially with remoteness

The study found accessing digital technologies was most challenging in remote communities due to limited infrastructure, low household access and patchy, congested mobile services.

Researchers share key findings, challenges and future plans to work in collaboration with Indigenous communities in this [video of the launch](#).

Photo: Gangan co-researcher Djamika Ganambarr uses the public phone which is the primary means of phone communication for most Gangan residents

Read the Report

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